



Map of the main Feminine & Masculine qualities

Inmature Feminine	Inmature Feminine (Sacred Feminine)	Immature Masculine	Mature Masculine (Sacred Masculine)
Manipulate situations & emotions to get love & attention	Unconditional love, sweet, take care and nourish	Hierarchic	Presence, create safe space
Demanding	Ask clearly & positively what she needs and attracts by inspiring the others	Autoritary	Adventurous
Dependent	Independent, manifest her own resources	Disconnect from emotions	Protect
Insecure	Secure	Agresif	Constant
Jealous	Solidary	Dominant	Support
Lack of self esteem	Authentic	Control	Guide
Submisive	Empowered within	Seducator	Sensual
Critical	Creative	Liar	Clear
Victimized	Responsible	Weak internally	Internal strength & calm
Impulsive	Spontaneous	Permissive	Manage risks
Caotic	Intuitive	Destructive	Conscious & heart centered
Possessive	Embrace, integrate	Avoid	Take action
Guilt	Forgive	Egocentric	Express intentions
Obsessive	Acceptance, let flow	Dogmatic	Focus
Resentful	Compassion	Self protection, armor	Trust
Inhibited	Connect	Superiority	Positive
Hysterical	Serene	Addict to ejaculation to release stress	Visionary



Map of the main Feminine and Masculine Polarities

Independently of our gender or sexual orientation, we have all inside us a Feminine and a Masculine side which activate polarities externally in our relationships and environments.

Ex: If we are a women with a mature Feminine and an immature Masculine within, we will attract the opposite outside, that is to say a Man with a mature Masculine and an immature Feminine and the conflicts will appear on the qualities associated to the immature sides (see map of the qualities above).

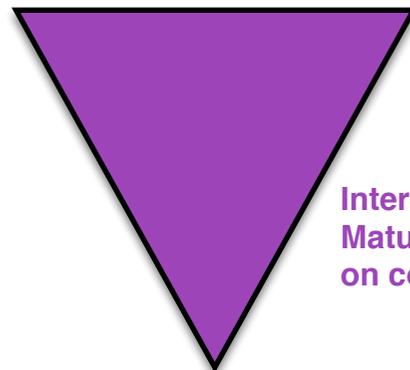
The goal is to shift our inner Inmature Feminine and Masculine in order to reach our full potential and completion and to attract or activate with awareness the balanced polarity in our partner.

The transformation of the immature polarities and qualities can only be done by healing them, applying forgiveness, acceptance and by integrating them with love.

The lack of awareness, the negation, suppression or rejection of these qualities cannot allow their transformation and can only create more separation and conflicts.

Mature & Sacred Feminine

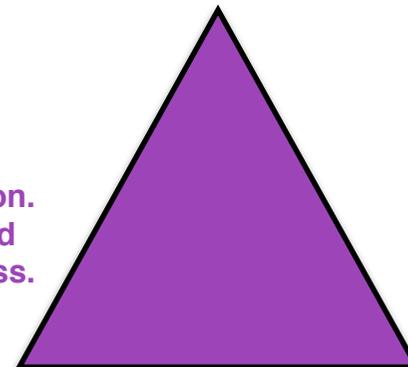
Cannot match anymore with Inmature Masculine.
Need to activate the shift from Inmature Feminine to Mature & Sacred Feminine inside and outside to reach the Sacred Union and avoid internal and outside conflict. Inspire and awake Sacred Masculine.



**Internal Balance & Completion.
Mature & Sacred Union based on consciousness to progress.**

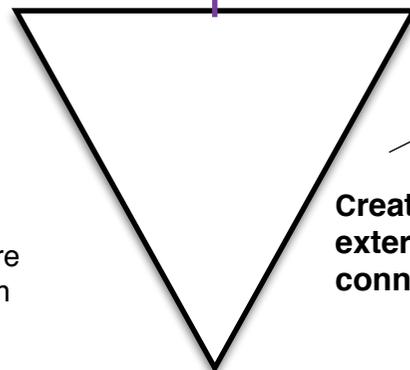
Mature & Sacred Masculine

Cannot match anymore with Inmature Feminine.
Need to activate the shift from Inmature Masculine to Mature & Sacred Masculine inside and outside to reach the Sacred Union and avoid inside and outside conflict. Protect and support Sacred Feminine.



Inmature Feminine

Cannot match with the Mature & Sacred Masculine and attract the Inmature Masculine creating dependence, manipulation, unfulfillment. Need to shift to the Mature & Sacred Feminine. (Inmature Feminine generates more Inmature Masculine and separation between women).



Create disharmony, internal & external conflict and lack of connection to progress.

Inmature Masculine

Cannot match with the Mature & Sacred Feminine and attract the Inmature Feminine, creating, lack of safety & commitment and incommunicability. Need to shift to the Mature & Sacred Masculine. (Inmature Masculine is currently rulling most of our societies & systems and generates more Inmature Feminine).

